



THE UNIVERSITY OF ARIZONA

R. Ken Coit
College of Pharmacy

PRESENTS:

Managing Mental Health Stressors in Pharmacy School

Mark your calendar and join Jenna Teso to learn more about
managing stress as a pharmacy student.

Thursday, February 8, 2024
12:00pm – 12:50pm

Drachman B109/ HSEB

Lunch provided - **RSVP HERE** by Tuesday, February 6 -->



Jenna Teso is the UAHS Office of Diversity and Inclusion Mental Health Counselor. Jenna obtained her Master's in Social Work in 2011, then Doctorate in Behavioral Health in 2015, both at Arizona State University. She has experience providing clinical services in a variety of settings, including hospitals, community mental health, crisis services, schools, and detention centers.

Her special interests include working with those experiencing life transitions, anxiety, trauma, and grief. She enjoys getting to know students as individuals and helping them to come up with a personalized plan to address their unique issues utilizing personal strengths.

To schedule an appointment with Jenna Teso, DBH, LCSW, Mental Health Counselor, submit an online referral (OK to self-refer) using the contact information below or the QR code.



520-626-3812

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<https://diversity.uahs.arizona.edu/mental-health-wellness>

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