



Household Poisons

www.pharmacy.arizona.edu/poisoncenter

The Arizona Poison and Drug Information Center's toll-free line is always open.

Call us if:

- You think someone has been poisoned.
- You have questions about any type of poison.
- You want information about poison prevention.

HOW TO GET HELP FAST



Call right away! Don't wait for the person to look or feel sick.



Dial 1-800-222-1222: **A poison expert immediately answers your call.**

You will be asked:

1. What happened and when?
2. What was the poison?
 - Bring the container to the phone to read the label.
 - Or describe the animal or plant.
3. How much of the poison was involved?
4. What is the person's:
 - Age?
 - Weight?
 - Other health problems?
5. How are they feeling now?
6. Listen to the advice and help from our experts.

POISON PREVENTION TIPS

Storing Safely

- Lock up poisonous products and medicines out of reach and out of sight.
- Put the product back immediately after use.
- Keep in original containers.
- Use child-resistant caps, but remember—nothing is child-proof!

USING SAFELY

- Read the label and follow directions carefully.
- Do not mix household cleaning products together.
- Never call medicine candy.
- Teach children to ask an adult before tasting anything.

FIRST AID FOR POISONING

Is the person unconscious or not breathing?

Call 911.

If the person has not collapsed, call the Poison Center right away at: **1-800-222-1222**

For the following situations:

Swallowed Poison?

Do not make the person vomit or give anything by mouth.

Inhaled Poison?

Get to fresh air right away.

Poison in the eyes?

Rinse eyes with running water for 15 minutes. Don't force the eyelids open.

Poison on the skin?

Remove any clothing that the poison touched. Run tap water over the skin for 15 minutes.

Bite or sting by a venomous creature?

Call the Poison Center.

WHAT IS A POISON?

Anything in the right amount that might be harmful if you taste, breathe or touch it.

COMMON HOUSEHOLD POISONS

Household cleaners:

detergents, bleaches, toilet cleaners



Personal care products and cosmetics:

makeup, lotions, perfumes, nail products, mouthwash

Medicines: over-the-counter pain relievers and cough and cold remedies, vitamins, prescription medicines, herbs



Outdoor Products:

pesticides, gasoline, paint thinner, anti-freeze

Plants: Know which ones are dangerous and protect children and pets from dangerous types.

Bites and stings:

insects, scorpions, spiders, and snakes.

